Section 11
Medical and Health Policies

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ALLERGIES AND HEALTH CONCERNS

The health and safety of our students is a top priority. We are aware that some students may have serious and potentially life-threatening allergies to certain foods, insect stings, medications, or other substances.
To help create a healthy environment for all students:

- Parents/guardians must inform the school of any known allergies their child has, including the severity and any required emergency procedures or medications (e.g., EpiPen). The school nurse will reach out to discuss plans for allergy concerns during the school day.
- Staff will make reasonable efforts to promote allergy awareness for students with allergies, including practices to avoid exposure in classrooms, lunchrooms, and during school-sponsored events.
- While we aim to provide allergy-safe environments, we cannot guarantee an allergen-free school. Cross-contamination or inadvertent exposure may occur despite best efforts.
- Allergy awareness: We ask all families to be mindful that there may be a need to take extra care for classmates' allergies when sending snacks, lunches, or treats to school. In classrooms with identified allergy concerns, additional guidance may be provided.

If your child has significant health concerns, severe allergies or significant injury, please contact the school nurse to ensure a plan of care is developed and can be supported.

EMERGENCY INFORMATION ON FILE

It is imperative that school records reflect the correct and current telephone numbers and addresses of parents/guardians, as well as emergency contacts. You may go in to FACTS to update your information, or please notify the school office immediately when changes occur.

ILLNESS

For the benefit of all students, any child who has a fever or other signs of illness must remain home. If a student becomes ill during the school day and cannot remain, the parent or other authorized contact person (listed by the parent on the student's application for admission and checked by parents for updates annually) will be

telephoned to take the student home. If no one can be reached to take the student home, he/she will remain at school or in the school office until a parent or authorized individual picks up the student.

IMMUNIZATION CERTIFICATE

As required by Washington State law, all students must have a complete Certificate of Immunization on file. This form is available with a student's application for admission or re-enrollment and must be complete to fulfill the school's registration requirements. Questions or concerns can be emailed to the school nurse at gantilla@lcschool.org.

INJURIES/EMERGENCIES AT SCHOOL

It is the responsibility of a student who becomes injured at school to notify his/her teacher immediately so that proper care can be given to students and appropriate reports can be made. If a child is seriously ill or injured, the school will attempt to notify the student's parents, or the person listed for emergency contact on the student's application for admission. Emergency medical assistance may be contacted. Repeated attempts will be made to notify the parents or other emergency contact persons in this situation.

MEDICATION AT SCHOOL

Although it is best that a student's medication be administered at home, the school recognizes exceptions when a student needs to have medicine during school.

Medication Guidelines: If a student needs to have medication during school, please follow these guidelines:

1. The parent must present to the school nurse a completed Health Care Provider Orders for Medication at School with Parent Permission for the school nurse to be able to give and delegate to trained school staff administering the student's medication during the school day and on school trips. This also applies to inhaled medications that the student may be able to self-administer. For a student to carry an inhaler, the Health Care Provider's orders need to specify "May self-carry and May self-administer" Permission for this needs to be approved by the student's parent, health care provider, and school staff. Non-prescription, over-the-counter medications also require Health Care Provider orders for medication at school. New forms must be submitted each school year.
2. Students with life-threatening health conditions need to have orders for any emergency medication, the emergency medicine, and a treatment plan on file before the student begins school attendance.
3. A parent must bring the medicine to the school nurse. No medicine, either prescription or over-the-counter, is to be sent with or brought in by a student, except for older students with approved self-carry orders.
4. Medications must be brought to school only after the Health Care Provider Orders are at the school. Medication must be in the original pharmacy-labeled containers that match the Health Care Provider's written orders. For field trips and travel, bring only the amount of medication needed during the school activity.
5. The school has the right to prohibit the administration of any drugs or procedures that may be beyond the ability of unlicensed personnel (e.g., injections).
6. The school will keep a record of administration of medication, following Health Care Provider's Orders for medication at school.
7. For overnight travel out of state, regulations for medication on these trips may be different, reflecting law in that state. Information about requirements for medication on a school sponsored trip will be communicated in ParentSquare and during meetings preparing for those trips.

8. Only the school nurse and staff persons trained and delegated by the school nurse may administer ordered medication.
9. At the end of the school year, parents are asked to pick up all unused medication, or it will need to be thrown away.

MEDICAL REQUIREMENTS FOR AFTER-SCHOOL ACTIVITIES

Students must have a physical examination, emergency release, warning, and insurance waiver form completed and on file before beginning any after-school sports program. A complete physical is required every two years for participating students in grades 3-8. Only one permission form is necessary per year. Parents of students with health concerns and/or life-threatening health concerns are responsible for communicating the health concerns, emergency medication, and health and safety plans with the school nurse and after-school activity leaders. The school nurse may assist with communication. For summer camps, a health care provider's orders for any emergency medication and treatment plan will need to be written for participation during summer school-sponsored activities.

RETURN TO SCHOOL INFORMATION FOR PARENTS

Following illness, students need to be vomit-free and fever-free without fever-reducing medication such as Tylenol and Ibuprofen, with symptoms significantly reduced, for at least 24 hours before returning to school. Please consider that students may have good energy while they are home; energy requirements for a school day are greater. Recovery time can be set back when students return to school too quickly while recovering from illness.

Following injury, the school may need Health Care Provider guidance for accommodations that a student may need while recovering toward a return to full participation.

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